



### Land O'Lakes Macaroni & Cheese Entree, Whole Grain, Frozen, 5 Lb Bag, 6/Case

Item Number: 527582  

These whole grain macaroni and cheese pouches are useful in a variety of applications.



Case (6/5 Pound Bag)

\$0.10/oz \$48.40

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### Manufacturer

Pack	6/Case
Portion Size	oz
Portion/Case	480
Kosher	No
Gluten-free	No
Net Weight	30lbs
Vendor Item Code	43274
Country of Origin	United States

### Quantity Invoiced, Last 7-Weeks:

Week of	Bag	Case
08/06/2017	0	0
08/13/2017	0	0
08/20/2017	0	0
08/27/2017	0	0
09/03/2017	0	0
09/10/2017	0	0
09/17/2017	0	2

### Item Yield

1 Case = 480 Ounces (6 x 80 Ounces per Bag) of Entree, Macaroni & Cheese, Whole Grain, Frozen

### Thawing Instructions

REMOVE POUCHES FROM CASE AND THAW UNDER REFRIGERATION OVERNIGHT

### Shelf Life

FROZEN = USE BY EXPIRATION DATE

### Basic Preparation

STURDY PLASTIC POUCHES CAN BE PREPARED IN STEAMER OR BOILING WATER. HEATING TIMES MAY VARY WITH TYPE OF EQUIPMENT USED AND NUMBER OF POUCHES HEATED. TEST INTERNAL TEMPERATURE BY PLACING THERMOMETER IN FOLD OF POUCH. STEAMER: PLACE THAWED POUCH ON PREFORATED STEAM TABLE PAN AND HEAT FOR 35 MINUTES. BOILING WATER: PLACE UNOPENED POUCHES IN BOILING WATER FOR 40 MINUTES. POUCH SHOULD FLOAT FREELY IN WATER AND SHOULD BE ROTATED DURING THE HEATING PROCESS. HEAT TO AN INTERNAL TEMPERATURE OF 165 DEGREES F. WARMING CABINET HOLDING INSTRUCTIONS: MAINTAIN HOT HOLDING TEMPERATURE AT 145 DEGREES F. WHEN POSSIBLE, KEEP PRODUCT IN HEATED POUCHES UNTIL SERVINGS. IF PRE-PANNED, KEEP PRODUCT COVERED TIGHTLY. CAN BE HELD UP TO 1.5 HOURS. USE CAUTION WHEN OPENING POUCHES SINCE PRODUCT IS VERY HOT.

### Marketing Tips

LAND O'LAKES MACARONI AND CHEESE, 25% REDUCED FAT AND 50% REDUCED SODIUM. SIMPLY HEAT AND SERVE. SUPERIOR HOLDING CHARACTERISTICS. WHOLE GRAIN. \*\* K-12 SCHOOLS \*\* SERVE AS AN ENTREE OR SIDE DISH

### Nutrition

Based On:  Rounding:

**Ingredients**

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, dipotassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated September 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED. Click here for K12 spec sheet: [https://apps.gfs.com/experience/resources/great-for-schools/files/child-nutrition-labels/pdfs/527582\\_SLE.pdf](https://apps.gfs.com/experience/resources/great-for-schools/files/child-nutrition-labels/pdfs/527582_SLE.pdf)

**Nutrition Facts**

Serving Size 0.67 cup (170.1g)	
Amount Per Serving	
<b>Calories 280</b>	Calories From Fat 99
	% Daily Value *
<b>Fat 11g</b>	17%
Saturated Fat 5g	25%
Trans Fat 0g	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 0g	n/a
<b>Cholesterol 25mg</b>	8%
<b>Sodium 670mg</b>	28%
<b>Potassium</b>	n/a
<b>Carbohydrates 29g</b>	10%
Fiber 2g	8%
Sugar 6g	
<b>Protein 17g</b>	34%
Vitamin A IU 15%    Vitamin C 0%    Calcium 40%    Iron 6%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	2/3 Cup
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	2.5 oz
Grain/Breads	1 oz eq
Fruit	0 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	750 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	400 mg
Iron	1.08 mg
Manganese	n/a
Iodine	n/a